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Big Brother house just like living with sect

Christine Sams
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LIVING with the Exclusive Brethren is like living in the *Big Brother* house, a contestant on the Channel Ten reality show says.

David Tchappat, 33, escaped the religious sect when he was 19, leaving behind family and friends.

Tchappat has begun to open up about his life with the sect during the filming of *Big Brother*. He has described a life of no television - and countless rules.

On *Big Brother* last week he said: "Look, I don't like to say it's a cult, but it basically is. My whole life was controlled. I didn't have a say in it myself."

He described his life growing up with the Exclusive Brethren in Gosford. "It's based on Christian values but it's very strict," he said. "So I had no TV, no radio, no computer, never been to a movie or a restaurant or kissed a girl - you name it, I didn't do it."

His cousin, Andrew Tchappat, escaped a few months later.

Source: *The Sun-Herald*

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David Tchappat ... went from Exclusive Brethren to Big Brother.

Photo: *Channel 10*